

Vikas Bharati Public School
SAMPLE PAPER (Session 2025-26)
Class: XI
Subject: PSYCHOLOGY (037)

Time: 3 Hrs

M.M. 70

General Instructions:

- i. *This question paper contains 5 printed papers and 33 questions*
- ii. *All questions are compulsory except where internal choice has been given.*
- iii. *Question Nos.1-14 in Section A carry 1 mark each. You are expected to answer them as directed.*
- iv. *Question Nos. 15-19 in Section B are very short answer type-I questions carrying 2 marks each. The answer to each question should not exceed 30 words.*
- v. *Question Nos. 20-23 in Section C are short answer type-II questions carrying 3 marks each. The answer to each question should not exceed 60 words.*
- vi. *Question Nos. 24 - 27 in Section D are long answer type-I questions carrying 4 marks each. The answer to each question should not exceed 120 words.*
- vii. *Question Nos. 28-29 in Section E are long answer type-II questions carrying 6 marks each. The answer to each question should not exceed 200 words.*
- viii. *Question Nos.30–33 in Section F are based on two cases given. The answer to each one mark question should not exceed 20 words. The answer to each two-mark question should not exceed 30 words.*

SECTION-A			
1.	Which branch of psychology investigates mental processes such as attention, perception, and decision-making?	A) Social B) Cognitive C) Health D) Environmental Psychology	1
2.	Indian psychologists in the indigenisation phase primarily aimed to:	A) Translate Western theories into Indian languages B) Reject research methods entirely C) Develop culturally and socially relevant psychological frameworks D) Focus exclusively on neurobiological studies	1
3.	Since the technique of deception is used in some studies it is important that participants are explained the nature of the study after its conduction. This refers to the ethical issue of ____.	1	

	(a) Debriefing (c) Sharing the results of the study	(b) Informed consent (d) Voluntary participation	
4.	What type of interview does a chat show with celebrities fall under? (a) structured interview (b) survey interview	(c) unstructured interview (d) Telephonic interview	1
5.	The conflict of 'identity versus role confusion' was proposed by _____ during _____ stage of development.		1
6.	Assertion (A): Sunsets are a beautiful where the sun appears to set below the horizon Reason (R): Some perceptual illusions are universal and found in all individuals. a) Both Assertion and Reason are true, and Reason is correct explanation of Assertion. b) Both Assertion and Reason are true, but Reason is not correct explanation of Assertion. c) Assertion is true, but reason is false. d) Assertion is false, but Reason is true.		1
7.	The minimum value of a stimulus required to activate a given sensation is called: (a) stimulation (b) sensation (c) absolute limen (d) difference limen		1
8.	An example of external factor of attention is: (a) memory (b) large balloon (c) interest (d) competitive spirit		1
9.	Occurrence of generalisation means success of discrimination. Give an example		1
10.	A child who displays desirable behaviour is given a star every time. What kind of reinforcement is mentioned?		1
11.	Assertion (A): Sensory memory has a very short duration but a very large capacity. Reason (R): Sensory memory allows for the retention of detailed information for long term storage. a) Both Assertion and Reason are true, and Reason is correct explanation of Assertion. b) Both Assertion and Reason are true, but Reason is not correct explanation of Assertion. c) Assertion is true, but reason is false. d) Assertion is false, but Reason is true.		1
12.	Who suggested that the working model of short-term memory?		1

13.	Inability to see alternate uses of an object is known as _____.	1
14.	Your friend has been feeling overwhelmed recently when his board exams are going on, his stomach becomes upset and he fears failure. What is s/he experiencing?	1
SECTION-B		
15.	Psychology arose as a discipline distinct from philosophy in the late 19th century. It is no more a study of soul. What does psychology as a discipline study?	2
16.	‘Environment of a child plays a major role in development of a child. Support your answer with examples.	2
17.	A student interprets a complex diagram by breaking it down into smaller parts and then combining them to understand the whole. Which approach is being used? Discuss the different approaches of perception.	2
18.	What is learning disability?	2
19.	Ramesh often feels stressed after work. His counsellor suggests he should engage in activities that enhance positive emotions. List ways to enhance positive emotions to help Ramesh. OR Justify the Maslow’s hierarchy of needs in view of people from high and low socio-economic status.	2
SECTION-C		
20.	Discuss case study research method of psychological enquiry. How can this method be beneficial to psychologists?	3
21.	Discuss the development of egocentrism during adolescence and childhood.	3
22.	The images of objects projected on to our retina are flat and two dimensional, yet we perceive the world in three dimensions. Why does it happen so?	3
23.	How do the processes of spontaneous recovery and extinction aid learning process?	3
SECTION-D		
24.	Write briefly about the evolution of psychology.	4
25.	Discuss the steps in conceptualising research problem. Discuss the ethics of psychological enquiry with its implications.	4

26.	How do social rules change their importance in an adolescent as compared to a child? How does despair affect people in old age?	4
27.	Contrast among the different types of motives. What marks the basis for motives based on physiological processes?	4
SECTION-E		
28.	State the importance of conditioning with examples relevance in day to day life.	6
	OR	
	Discuss the different factors determining the process of learning	
29.	Discuss creative thinking and its characteristics.	
	OR	
	Explain the process of problem solving. What can be the obstacles in problem solving behaviour. Support with examples.	
SECTION-F		
	Read the case below and answer the questions that follow: A researcher wants to study if "adequate sleep" helps students perform better on a memory test. They recruit 40 students and divide them into two groups. Group X is allowed to sleep for a full 8 hours before the test. Group Y is kept awake for the same 8 hours in a quiet room. The next morning, both groups are given a list of 50 words to memorise and recall. The researcher records how many words each student recalls correctly.	
30.	Which method of psychological research is used in above case and why?	1
31.	Develop design of study for above case.	2
Read the case and answer the questions that follow:-		
	Shallice and Warrington in the year 1970 had cited the case of a man known as KF who met with an accident and damaged a portion of the left side of his cerebral hemisphere. Subsequently, it was found that his long-term memory was intact but the short-term memory was seriously affected. The stage model suggests that informations are committed to the long-term memory via STM and if KF's STM was affected, how can his long-term memory be normal? Several other studies have also shown that memory processes are similar irrespective of whether any information is retained for a few seconds or for many years and that memory can be adequately understood without positing separate memory stores.	

32.	In response to above study, another view was conceptualised. Name the model of memory that was proposed and by whom?	1
33.	Discuss the control processes that sustain storage in STM and aid in transfer of information to LTM	2