

**Multiple Assessment**

**CLASS VI**

**Session: 2025-2026**

**Science**

**PowerPoint Presentation**

***Mindful Eating: A Path to a Healthy Body***

Dear students,

For your holiday homework, you will create a simple but creative **PowerPoint presentation** on the topic “**Mindful Eating: A Path to a Healthy Body.**” This presentation will help you understand how food choices and eating habits affect your health and mind. Please follow the instructions given below carefully:

**Prepare a power point presentation based on the topic allotted according to roll numbers-**

- ❖ **Roll No. 1 to 12 - Journey of Food from farm to plate**
- ❖ **Roll No. 13 to 24 - My daily plate- Building a healthy meal.**
- ❖ **Roll No. 25 to 36 - What my diet lacks - Deficiency diseases**
- ❖ **Roll No. 37 to last - Healthy snacks Vs. Junk food**

### Creative Tips

- Use **pictures, symbols**, and colors to make it interesting
- Use **short sentences** or **bullet points** — don't fill the slides with long paragraphs
- Keep your presentation neat and clear.

### EVALUATION:

(To be assessed as Multiple Assessment Activity-1) M.M.-5

- Content Accuracy & Relevance
- Creativity & Visual Appeal
- Organization & Structure
- Presentation Skills
- Originality & Effort



## Social Science

### Storytelling Activity

#### *“A Day in the Life of a Worker”*

**Objective:** To help students understand the daily life, challenges, and contributions of people involved in different economic roles by presenting a creative and informative story.

**Time Limit:**

- Each student will get 2 to 3 minutes to present their story.
- Make sure your story is short, clear, and within the time limit.

**Instructions for Students:**

- Choose a character who is involved in an economic activity (assigned according to Roll Number)
- Create a story about the character’s daily life, work, challenges, and how they contribute to society.
- The story can be real or imaginary, but it should be relevant and respectful.
- Use props, drawings, or simple costume items (optional) to enhance your presentation.



### **Elements required in the story**

The story should include:

- 1.Name and location of the character
- 2.Description of their job/work
3. Tools or skills they use
4. Challenges they face
5. Importance of their work to society
- 6.A personal reflection or message (what they feel or wish for)

### **Topic Allocation:**

Students should adhere to the economic role according to their respective Roll Numbers

- Roll No- 1-8 Agricultural Workers (Farmers, Fisherman, Cattle herders, Poultry farm worker)
- Roll no- 9-16 Construction Workers ( Masons, Road workers, Brick layers, Plumbers)
- Roll No- 17-24 Artisans and Craft Workers ( Potters, Weavers, Carpenters, Blacksmith, Toy maker)
- Roll No- 25-32 Service Workers ( Tailors, Barbers, Domestic Helper, Cook, Watchman)
- Roll No- 33- 40 Transport and Delivery Workers (Rickshaw pullers, Auto drivers, Delivery workers, Courier person)
- Roll no -41 onwards Shop and Market Workers (Shopkeeper, Vegetable seller, Flower seller, Street Vendor)

### **Assessment Rubric**

(To be assessed as Multiple Assessment Activity-II)

- Content Accuracy
- Creativity
- Presentation Skills
- Relevance to Theme
- Time Adherence